



The Trials and Tribulations of a "Professional Malcontent": Memoirs 1955-2016

Bernard I Murstein

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Trials and Tribulations of a "Professional Malcontent" is the second and final volume of author Bernard I. Murstein's memoirs. While his first volume, *When Seltzer Was Two Cents a Glass*, covered growing up in the Bronx from 1929–1955, this publication covers his life from 1955 to the present.

In this very candid work, Murstein reveals his escapades in different cultures as well as living out his fantasies by becoming a stock market expert and a restaurant reviewer, as well as sparring a champion boxer.

Murstein grew up with little vocabulary for expressing his feelings and emotions, which might explain his lifelong interest in psychology. Provided in this book are summaries of his seminal research on human attraction, marriage, friendship, and courtship that allowed him to become a world figure in the study of love and marital choice.

Also included are several shocking and career-changing instances of anti-Semitism that occurred against a backdrop of the social and political change occurring in the United States during these years.

For fans of Moliere's *The Misanthrope*, this educational, insightful, and sharp-witted account unapologetically explores the life of a frustrated idealist who dreamed big and lived a full—if malcontented—life in America.

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