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# James Beard's American Cookery

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this is a used paperback edition. Beginning with an introduction from the author, the contents cover cocktail food, salads, soups, eggs , cheese, sea foods, poultry and game, beef, veal, lamb, pork, ham and bacon, sauces for meats, fish and vegetables, vegetables, potatoes, grains and pies and pastes, sandwiches bread, candy . There is a reading list and sources, and a comprehensive index.

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