



# MSM-The Super-Supplement of the Decade

*Martha M. Christy*

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## **MSM-The Super-Supplement of the Decade** Martha M. Christy

This informative booklet includes the latest research and history of the amazing nutritional breakthrough: MSM. MSM (Methyl-Sulfonyl-Methane) is a unique form of dietary sulfur that researchers have discovered has tremendous therapeutic value for treating a wide variety of physical conditions. This book contains information about the research studies on this extraordinary breakthrough, and describes how it can be used to dramatically improve health and well-being.

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