



Stop Smoking Cigarettes: Make The Transition Into E-Cigarettes and Vaping. Smell Better, Live Better, and Save Money

Jeremy Palarca

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“Stop smoking!”

“Smoking kills!”

“You take away a minute of your life with every stick of cigarette you smoke”

Don't these statements seem familiar to you? If you are a smoker, chances are you have heard of these and some other reminders along these lines just to make you stop smoking.

Easy for them to say, huh? I know what you think. You know that these lines and all the health reminders are true and you swear you tried to quit one too many times already. The problem is you can't. Addiction is not an easy enemy. It is not something that you can easily battle just because you know what is good for you and not.

After trying all the known ways that you can find just to quit smoking, you still go back to it like an obsessed lover. Why is that? It is because you are going to the extremes. Like going from “YES” to “NO” in one step. Or going from step 1 to step 10 in one leap. That is a bit of a far cry, right?

What if I tell you that I'm here to present to you the middle steps? Yes there is a middle step in trying to quit smoking. It is called Vaping or E-Cigarettes. In this book, you will find out all about vaping and how you

can transition to it to live a better life. What are you waiting for? Smell better, live better and save money when you download this book!

Here Is A Preview Of What You'll Learn...

- Is Vaping Really A Good Idea?
- What Can You Get When You Stop Smoking?
- Vaping Common Terms
- How To Transition To E-Cigarettes And Never Go Back
- Is Vaping Safe?
- What Is Relapse?
- How Can You Avoid Relapse?
- Much, much more!

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