

# Enhance Creative Genius: Increase Your Creativity, Sleep Learning, Guided Self Hypnosis, Meditation & Affirmations

Jupiter Productions

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This "Creative Genius" program was designed to assist the listener in enhancing that childlike wonder, lust for life, and boundless creativity.

Some say that we are the sum total of what we surround ourselves with. For example, what we choose to watch on television, listen to on the radio, who we choose to surround ourselves with and even the thoughts we think all have an effect on our overall perceptions and thought patterns. Just like the foods that we eat, over time, create our bodies, our thoughts shape who we are, and ultimately what types of situations we manifest in our lives.

Sleep learning can benefit a listener in powerful ways. The mind stays active even while we are sleeping. For example a mother may sleep soundly through thunderstorms and barking dogs yet the sounds of her baby stirring in the next room will often awaken her instantly. Why not use this time (while you are asleep) to realize your potential?

In addition to therapeutic hypnotic techniques and meditative affirmations, this program is further enhanced by the use of brainwave entrainment such as solfeggio tones, isochronic tones, bilateral stimulation, and white noise. Listening at a very low volume is ideal and won't diminish your results.

Narrated by Anna Thompson, MA, MHP, LMHC, Advanced Clinical Hypnotherapist.

Accomplish your goals and create the life you've always wanted starting today.



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#### **William Barnett:**

Spent a free time for you to be fun activity to complete! A lot of people spent their down time with their family, or all their friends. Usually they carrying out activity like watching television, going to beach, or picnic within the park. They actually doing same thing every week. Do you feel it? Would you like to something different to fill your current free time/ holiday? Could be reading a book is usually option to fill your no cost time/ holiday. The first thing you ask may be what kinds of reserve that you should read. If you want to try out look for book, may be the publication untitled Enhance Creative Genius: Increase Your Creativity, Sleep Learning, Guided Self Hypnosis, Meditation & Affirmations can be excellent book to read. May be it might be best activity to you.

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brand-new friend when you're truly feel alone and confuse using what must you're doing of this time.

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