



# Little Porcupine Goes to the Psyche Ward

*Frances Dale*

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## **Little Porcupine Goes to the Psyche Ward** Frances Dale

When a woman alone in the world with her three babies sees a psychiatrist one day in an attempt to overcome her fears, she has no idea that her world is about to be turned upside down with just one prescription.

Shared through the eyes of her inner child, Little Porcupine guides others through the complex American psychiatric system as she is led from one doctor to another and from one pill to several. When Little Porcupine is finally diagnosed with a disease triggered by her initial medication, she receives another pill that soon causes traumatic side effects that send her to the psyche ward. As Little Porcupine goes round and round inside a system that eventually declares her incompetent, it soon becomes evident that she is the only one who can make things better as she summons inner strength to survive and learns to find comfort, love, and happiness through creative pursuits.

Little Porcupine Goes to the Psyche Ward offers a compelling glimpse inside the American psychiatric system through the eyes of a tormented woman's inner child as she bravely stands up for what is right and fights for her future.

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