



Change Your Thought Patterns (Mind Control Secrets)

Silva Jean

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Power and Control. Everyone wants it. Everyone has it. Why so few people use it.

The silent art of power and control is to see the potential force in everything and arrange it so that, if released, it works in your favor.

We all have thoughts, but we don't all achieve our dreams. That's because thoughts may be negative or positive in nature.

All successful people, however, have one thing in common — determination! To be a success, you must first determine to be so. Though not always a conscious decision, the seed that leads to action is to first determine.

Picture in your mind the able, earnest, useful person you desire to be, and the thought that you hold is hourly transforming you into that particular individual you so admire.

AUTHOR BIO

Silva works with several local nursing homes and hospitals in the area, helping people from children up to the elderly, try to recover lost cognitive brain functions. She travels, teaching the staff at nursing homes how to help their elderly patients ward off the effects on age and disease on the brain, by using brain games and other simple games to help improve cognitive functions.

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Brian Mejia:

Spent a free the perfect time to be fun activity to perform! A lot of people spent their leisure time with their family, or their friends. Usually they performing activity like watching television, going to beach, or picnic in the park. They actually doing same task every week. Do you feel it? Would you like to something different to fill your free time/ holiday? May be reading a book might be option to fill your cost-free time/ holiday. The first thing that you ask may be what kinds of guide that you should read. If you want to test look for book, may be the publication untitled Change Your Thought Patterns (Mind Control Secrets) can be great book to read. May be it can be best activity to you.

Cheryl Fisher:

Precisely why? Because this Change Your Thought Patterns (Mind Control Secrets) is an unordinary book that the inside of the book waiting for you to snap that but latter it will surprise you with the secret that inside. Reading this book beside it was fantastic author who have write the book in such awesome way makes the content within easier to understand, entertaining approach but still convey the meaning fully. So , it is good for you because of not hesitating having this anymore or you going to regret it. This amazing book will give you a lot of benefits than the other book have got such as help improving your ability and your critical thinking method. So , still want to hold up having that book? If I have been you I will go to the publication store hurriedly.

Richard Graham:

As a student exactly feel bored to help reading. If their teacher asked them to go to the library or make summary for some book, they are complained. Just small students that has reading's soul or real their pastime. They just do what the professor want, like asked to go to the library. They go to at this time there but nothing reading very seriously. Any students feel that studying is not important, boring and also can't see colorful photos on there. Yeah, it is to be complicated. Book is very important to suit your needs. As we know that on this period of time, many ways to get whatever we really wish for. Likewise word says, many ways to reach Chinese's country. Therefore , this Change Your Thought Patterns (Mind Control Secrets) can make you experience more interested to read.

John Cotton:

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