



My Spiral Slicer Vegetable Cookbook: Delicious and Healthy Recipes for Weight Loss and Low Carbohydrate Diet

Sarah Sparrow

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Craving for some pasta but you are on a low carb diet; you can still have it by spiralizing some zucchinis and topping it with your favorite spaghetti sauce. Thinking of having a ramen but you are gluten intolerant; make some substituting the noodles with vegetables cut with spiral slicers. Making healthy and delicious meals has been made easier with spiral slicers.

“My Spiral Slicer Vegetable Cookbook: Delicious and Healthy Recipes for Weight Loss and Low Carbohydrate Diet” presents you with recipes that will help you with your weight loss and low carb diet. With this book, you will find recipes that take zucchinis, cucumbers and other root veggies and make delicious noodle, pasta and salad dishes all in a snap.

Some of the healthy and delicious recipes inside are:

Stir fried Zoodles with Bacon

Cucumber in Strawberry Sauce

Quick Baked Apple

Tasty Salmon Veggie Salad

Coleslaw Tartare

Butter Baked Zucchini Noodles

Radish and Tuna Flake Salad

Carrot and Chicken Salad

Slow Cooker Meatball with Butternut Squash Noodles

Get a copy now and make losing weight and gaining health as easy as slice, mix, and eat. That's it!

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