



The Primal Scream; Primal Therapy: the Cure for Neurosis. -

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Primal Therapy: The Cure for Neurosis - Some years ago, I heard something that was to change the course of my professional life and the lives of my patients. What I heard may change the nature of psychotherapy as it is now known - an eerie scream welling up from the depths of a young man lying on the floor during a therapy session. I can liken it only to what one might hear from a person about to be murdered. This book is about that scream and what it means in terms of unlocking the secrets of neurosis.



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