



# Obsessed: Making Christ the Desire of Your Heart

*Hayley DiMarco*

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**Obsessed: Making Christ the Desire of Your Heart** is a 6 session Bible study written for teenage girls. Author **Haley DiMarco** challenges teen girls to confront their obsessions through Scripture and allow Jesus Christ to redeem the desires of their hearts. Because with the right desire, obsession can be a good thing. We were made to be obsessed ? with God and His call on our lives. Yet, so often, we give our hearts to lesser gods ? guys, appearance, popularity, grades, goals, sports, and even friends ? rather than Jesus. Great for a short-term discipleship study or girls retreat.

## **Sessions:**

- The Anatomy of Obsession (what obsession is and why you were made to be obsessed with God)
- The Life of the Obsessed (examining your own life and identifying the symptoms of wrong obsession in your life)
- Obsessed with Loss (battling the obsessions of fear, worry, doubt, and control)
- Obsessed with Gain (battling obsession with stuff, love, success, and self)
- Obsessed with Relief (battling an obsession with being released from suffering)
- Obsessed with God (finding your true purpose in life: being completely controlled by Christ)

## **Features:**

- 120 page 6"x9" Member Book
- 6 weeks of Bible study
- Individual, self-paced study
- Leader Guide in back of book
- Written specifically for teen girls
- Meaningful small group interaction
- In-depth individual Bible study

## **Author:**

Hayley DiMarco is a well-known author and speaker on topics near to the heart of teen girls and young adults. She is the founder of Hungry Planet, where she writes and creates cutting-edge books and Bible studies with her husband, Michael DiMarco. She has written and cowritten numerous best-selling books, including *Dateable*, *Technical Virgin*, *Mean Girls*, *Sexy Girls*, and *B4UD8*.

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#### **Adam Jones:**

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#### **Diane Gonzales:**

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