



Tilt: 7 Solutions To Be A Guilt-Free Working Mom

Marci Fair

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Juggling work and family has never seemed more possible than in Marci Fair's parenting guide, *TILT*. It was written out of the difficult struggles and unexpected answers that Fair has found on her journey through the *TILT* of life, work, and motherhood.

A working mother of four children, Fair shares her decades of insight in an enlightening way that weaves in quotes from her children along with more than one hundred practical, guilt-free parenting tips for the challenges working mothers face. Fair shows how mothers can live imperfectly on purpose. She inspires them to determine what matters the most for themselves and their families, and then to focus on what lasts beyond childhood.

The wisdom of more than eighty other working mothers also demonstrates how moms can grow through their journeys to find happiness and success along the way. Balance is impossible; Fair teaches us how to *TILT* instead.

She encourages that helping our children dream, without giving up on ours, sets an important parenting leadership example. Through *TILT*, we learn how to choose, in the nucleus of our families, to set the example by shining our own light, so we can love, guide, and empower those little lights we brought into this world.

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