



# Musonius Rufus: Lectures and Sayings

*Cynthia King*

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## **Musonius Rufus: Lectures and Sayings** Cynthia King

Musonius Rufus (c. AD 30–100) was one of the four great Roman Stoic philosophers, the other three being Seneca, Marcus Aurelius, and Musonius' pupil Epictetus. During his life, Musonius' Stoicism was put to the test, most notably during an exile to Gyaros, a barren island in the Aegean Sea. Because Stoicism was, for Musonius, not merely a philosophy but a prescription for daily living, he has been called "the Roman Socrates." **MUSONIUS RUFUS: LECTURES AND SAYINGS** will therefore be welcomed by those who seek insight into the practice of Stoicism. In this volume, readers will find Cynthia King's translation of Musonius' lectures, as recorded by his pupil Lucius; the sayings attributed to Musonius by ancient writers; an exchange of letters between Musonius and Apollonius of Tyana; and a letter from Musonius to Pankratides. This volume also includes a preface by William B. Irvine, author of **A GUIDE TO THE GOOD LIFE: THE ANCIENT ART OF STOIC JOY**.

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Playing with family in the park, coming to see the marine world or hanging out with close friends is thing that usually you could have done when you have spare time, in that case why you don't try factor that really opposite from that. Just one activity that make you not feeling tired but still relaxing, trilling like on roller coaster you have been ride on and with addition of knowledge. Even you love Musonius Rufus: Lectures and Sayings, you could enjoy both. It is excellent combination right, you still want to miss it? What kind of hang-out type is it? Oh seriously its mind hangout fellas. What? Still don't understand it, oh come on its known as reading friends.

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