



One Foot in Front of the Other

Edward Cabras

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Arthur Bloomfield has spent his entire youth running away from life. Trying to get by on daydreams and medication and self-medication to keep himself on solid ground. But when a failed suicide attempt lands him in a psychiatric ward he has to find a way, and a reason--with a little help from a beautiful and similarly crazy patient, Sandy Daugherty--and to prove that he's fit enough to leave the ward, or else risk sinking deeper into his apathy and despair, and maybe even wind up spending the rest of his days as a mental patient.

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