



# The Hemp Bodycare Industry

Paul Benhaim

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Hemp has many uses and the bodycare business is a big one.

As hemp oil (pressed from the hemp seed) contains high amounts of omega 3 and omega 6 essential fatty acids (EFAs), the benefits for the skin are proven.

EFAs can be absorbed internally (fish oil, hemp oil, evening primrose oil etc.), as well as externally by the bodies largest organ - your skin.

Experiments have shown that Hemp oil, due to its high EFA content, rehydrating and anti-inflammatory properties, is better for skin and hair than vegetable oils such as avocado, almond, or olive oil. Hemp oil is now used as a base in soaps, creams, shampoos, shower creams, lip balms, bathing essences, and ointments.

In this book you will hear personally from David Bronner of Dr Bronners bodycare company about the potential of this industry and how it has helped his Company grow massively.

Learn about formulations, marketing, business and recipes including a traditional hemp hair growth formula.

This concise guide will give you a serious and real introduction to the hemp bodycare / hemp cosmetic business.

Author Paul Benhaim is a recognized world-authority in hemp research and development, as well as a published author of Hemp-related books and DVDs. He manages the world's most popular Hemp web sites and advises a number of international companies.

As well as acting as an independent consultant and mentor to those interested in business, usually the hemp business, Paul is CEO and Director of a cutting edge Hemp companies involved with hemp plastic and hemp food products.

Paul continues his quest to ensure the path for the widespread use of industrial hemp is accessible to all so new and revolutionary Hemp products may become available to a worldwide audience.

Born in London, after travelling the world for a decade, Paul now lives and works from his rainforest home in coastal Australia.

For further information on some of Paul's projects enjoy: www.hemp.co.uk and www.hempplastic.com



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