



Your Wife Is Not Your Sister

Greg Amundson

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15 Love Lessons I Learned... The Hard Way

Second Edition

Drawing on the experiences of love lessons learned the hard way, legendary CrossFit coach Greg Amundson offers insight into the unique relationship between a husband and wife.

Best known for his worldwide course on Goal Setting, Positive Self-Talk and Leadership, as well as his extensive career in Law Enforcement, Greg now opens his heart on the mistakes he made during his marriage to the most beautiful woman in the world.

“When I searched for answers during my divorce, I sought insight from a strong Christian man with a greater understanding of my strife. I wish I had Greg’s book then. Men need to read Greg’s book and take to heart his advice on relationships, love and women.” — *Scott Puckett, SWAT Operator, Richland County Regional SWAT Team and winner of TV Show “One Man Army”*

“ This book is a gift from Greg — an honest, insightful and humorous account of his experiences and some great ideas on how to avoid the pitfalls of a modern relationship. I recommend you read it and learn from this warrior.” — *Mark Divine, Commander, US Navy (SEAL TEAM 17, SOCPAC) and founder of SEALFIT*

“ This book contains lessons Greg Amundson learned the hard way. Through his mistakes, Greg gives you a chance, he opens the door, but like the cliché goes, it’s up to you to walk through it. I suggest you do.” — *Julien Smith, New York Times bestselling author of The Flinch*

About the author:

Greg Amundson graduated from the University of California at Santa Cruz, and spent over fourteen years in Military and Law Enforcement service to include details as a Special Weapons and Tactics Team Operator (SWAT) and Sniper in Santa Cruz County, a Captain in the United States Army, a Special Agent with the Drug Enforcement Administration (DEA) on the Southwest Border and an Agent on the highly effective Border Enforcement Security Taskforce (BEST) Team.

In addition to his extensive government work, Greg is the owner of the gym CrossFit Amundson Santa Cruz and Krav Maga Santa Cruz and is the founder of the CrossFit Goal Setting Trainer Course and the apparel company Firebreather Athletics.

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Randy North:

The feeling that you get from Your Wife Is Not Your Sister will be the more deep you excavating the information that hide inside words the more you get interested in reading it. It doesn't mean that this book is hard to know but Your Wife Is Not Your Sister giving you enjoyment feeling of reading. The writer conveys their point in certain way that can be understood by simply anyone who read the idea because the author of this publication is well-known enough. This specific book also makes your vocabulary increase well. So it is easy to understand then can go to you, both in printed or e-book style are available. We advise you for having this Your Wife Is Not Your Sister instantly.

Dale Winsett:

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Charline Bynum:

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Jerry Schooler:

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