



Good Morning: End the Misery of Bedwetting for 10-15 Year Olds

Lynda Hudson

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Is your 10 to 15 year old still wetting the bed? Don't despair! There are many possible reasons so first check out with your medical practitioner that there is no underlying medical cause. If there is not, this gentle, relaxing self-help Download could be your answer, as it has been for so many others!

The child receives a **BOOST TO CONFIDENCE AND SELF ESTEEM** and powerful suggestions to **TAKE CONTROL** even when asleep! As they relax, they imagine resetting the programs in the body so they can **WAKE UP IMMEDIATELY IF NECESSARY** and walk to the bathroom.

Otherwise they reset the bladder to **STRETCH AND STAY CLOSED ALL NIGHT** till they wake in the morning feeling a sense of relief and pride. This **SUCCESSFUL APPROACH** is based on natural, safe, sound hypnotherapy principles: act out each positive step in the imagination and dramatically increase the chance of success in the real world.

Lynda's gentle, English voice calms, re-assures as she gives suggestions for boosting confidence and self-esteem. As a former teacher and clinical hypnotherapist of many years standing, she has helped thousands of children world-wide through her downloads.

She has featured in the press, TV and radio and is author of two widely acclaimed books on hypnotherapy with children and adults. The recording uses state of the art technology. For **MAXIMUM BENEFIT, LISTEN NIGHTLY**, for several weeks and follow the recommendations on the download.

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