



# Health Counseling: A Microskills Approach For Counselors, Educators, And School Nurses

*Richard Blonna, Janice Loschiavo, Dan Watter*

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Health Counseling: A Microskills Approach for Counselors, Educators, and School Nurses, Second Edition teaches the basic skills of health counseling to non-professionally trained counselors. Merging theory and practice with specific applications to common health problems, this reader-friendly text provides a sound theoretical framework for the practice of health counseling and allows students to practice, review, and apply the information presented. The text follows Ivey's Microskills Model, which breaks counseling down into discrete skills that can be mastered individually and then applied collectively. Healthy People Objectives throughout the chapters link the content with the nation's leading health problems.

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