



Farewell, My Friend: A Step-By-Step Guide to Handling a Serious Illness and Even the Death of a Loved One

Beatrice Toney Bailey

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"Farewell, My Friend" is written for anyone who just might die one day or who has a friend or loved one who has been diagnosed with a catastrophic illness and is facing possible death. The book leads you through a step-by-step process of what to do when you received the diagnosis and the necessary actions that need to be taken during the actual dying, death, and grief process. The book has key forms at the back of each chapter to track your progress and is laced with funny stories and reflections. This book takes you through the entire series of emotions that a caregiver or family member might face during this trying time. The author bares her self throughout the entire book and pulls no punches. It is an easy read regardless of your stage in the process. Some of the areas covered in this book are: * How to meet with medical professionals and document your discussions. * Setting up a sick room from start to finish. * Handling legal matters and contract issues. * Maintaining your sanity and learning to perform like a matador by side stepping the "bull" that comes your way ... olé! * Navigating through the worlds of hospice, dying, death, grief and "closure". * Visualizing your new life. The Author Beatrice Bailey was born in Davenport, Iowa. She attended the University of Iowa and graduated with a BA in Psychology from Cal State University, Sacramento. In addition, Bea conducts customized on different human resource and proper budgeting areas . She is a co-facilitator of a national GriefShare support group. Bea resides in Northern California and can be reached at: P. O. Box 2444, Citrus Heights, CA 95611-2444 or beatricebailey@yahoo.com.

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