



Age Is Not A Number: Getting Old Is All in Your Head

Gabrielle Olivier

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Aging is a natural phenomenon, but is it necessary? While growing older is necessary, getting OLD is not. Any doctor or scientist will have lists of so called “proof” to back their theories that as time moves on, the body begins breaking down; however, as science marries spirituality in this millennium, we discover new paradigms. As Gabrielle’s numbers of life on Earth add up to 78, Gabrielle believes aging is a true art form of living life to it’s full advantage. “If thought begins in your head, and from there, all action results in winning or losing your race against time, aging, like health and happiness is YOUR call.” You’ll discover how Gabrielle’s many years of “Searching” has led her to the sanctuary of radiance, health, awareness and determination. Her experience determines both Spirit and womb-man BEing as ONE, though appearing as many. “On Earth as it is in Heaven.” This book was written in prose and relatable poetry in order to stimulate both the right (logical) and left (intuitive) sides of the brain. This style of writing is presented to induce a natural form of awareness within each reader.”

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