



Breaking the Yeast Curse: Food and Unconditional Love for Magic Healing

Juliet Tien

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The book is written in simple language and with a good sense of humor. The information contained in this book will enable you to:

- 1) understand how yeast play an important role in your health and illness
- 2) learn how to control yeast overgrowth and reduce fermentation in your body
- 3) eliminate or reduce symptoms of Acquired Immune Deficiency Syndrome (AIDS), allergies, anxiety, muscular-skeletal aches and pains, asthma, Attention Deficit Disorder (ADD), cancer, Chronic Fatigue Syndrome (CFS), declining sexual interest and potency, depression, diabetes, Premenstrual Syndrome (PMS) and weight problems
- 4) start a new life with mental and physical fitness, energy, productivity, and improved quality.

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