



Respected: How One Word Can Change More Than Just Your Love Life

Akirah Robinson

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When it comes to finding love, it seems like everyone has an opinion. Rather than joining the loud choir of love experts and dating gurus, *Respected* helps women bolster their sense of self-worth and as a result, become better prepared to participate in healthy romantic relationships. As a writer and breakup coach (yes, that's a real thing), Akirah Robinson has made it her life mission to remind women how brave their hearts are. As a survivor of partner abuse, she herself struggled to heal and believe that she might one day experience healthy love. After kissing dozens of frogs, Akirah realized a change needed to be made within herself before she'd likely find her prince. She took a break from trying to fill the void in her life with unkind men and made a commitment to intentionally love and care for herself first. In doing this, she came to realize that all women, herself included, deserve to be respected! "*Respected*" is Akirah's way of spreading this good news. With personal anecdotes, helpful tips, and thought-provoking questions, "*Respected*" is a book that helps women seek relationships that support their well-being by challenging them to first create healthy relationships with themselves. No one can predict when you'll meet the love of your life, but "*Respected*" just might inspire you to treat yourself with kindness and create a life of adventure until you do. If you are struggling in a relationship, healing from a breakup, or experiencing a long bout of singleness, read "*Respected*" as a reminder that regardless of how you feel, you deserve nothing less than the utmost respect--from yourself and others.

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