



# **Stop Procrastinating: Learn How to Stop Being Lazy, How to Be More Productive and Get Things Done with Hypnosis**

*Dr. John Landers*

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This is the script version of the audiobook, "Stop Procrastinating: Learn How to Stop Being Lazy, How to Be More Productive and Get Things Done with Hypnosis."

Procrastination is a killer of dreams. The ability to get things done and be more productive supercharges your day and allows you to fly through your to-do list. This hypnosis session is intended to tap into the part of the mind that finds motivation and inspiration easily. It is the part of your brain that initiates action and compels you to make the most of each day. This hypnosis uses neuro-linguistic programming (NLP), which utilizes specialized sentence structures aimed at directing messages at the subconscious.

This hypnosis session will help you:

- Stop procrastinating instantly
- Be more productive
- Get more accomplished each day
- Feel more motivated
- Find inspiration easily

The audiobook version also includes:

- Guided hypnosis (NLP style)
- Soothing, hypnotic music

Supercharge your motivation - and get inspired to live your life fully and productively. This hypnosis is meant to help you reach your full potential by tapping into your subconscious need to be driven, moved and self-motivated.

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